



# Canadian Korean Martial Arts Federation

## Promotions Test Form

Date:	
-------	--

Student #	Name	School

E-mail	Current Rank	Requested Rank

### GRADING

Area	Grade	Comments
Foundation Movements		
Foot Techniques		
Pattern # 1		
Pattern # 2		
1 Step		
Hap Ki Do		
Free Sparring		
Power Testing # 1		
Power Testing # 2		

Examiner	
----------	--

E	VG	G+	G	G-	P	F
---	----	----	---	----	---	---